

ANEWLEAF

A PUBLICATION OF MARIJUANA ANONYMOUS

January 2002 Volume 12, Number 1

Alert! The 2002 Convention in Seattle is coming! For an order form, please see page three. And, for information on the upcoming event, please, visit the Convention website at www.seattlema.org!

My Last "High"

by Paul G.

recently passed the two-year an niversary of my last bong hit, and it got me thinking back to the last time I smoked pot. Without a doubt, I finished at the bottom. Every character defect and every negative response to the drug was in full form that day, ensuring that if I ever think I could use a toke, all I have to do is think back to my last "high." It was, in fact, an extreme low.

It was Labor Day, 1999. I had been attending MA meetings for about six weeks but had less than 30 days clean, and I went back to my hometown of Memphis, Tennessee, for a visit. Problem was, there was no MA there, and I wasn't ready yet to branch out into other 12-Step programs for support.

My old pothead friends invited me over to their place for a cookout. There I was, beginning the process of getting sober, and I knew without question I would never make it through that cookout without getting loaded. I wasn't ready to tell my friends about being in recovery, and I was certainly incapable of saying no to actual marijuana.

So I decided to just have at it. Resistance was futile. I was powerless! I got there, grabbed a beer, and said, "So where's the herb?" I smoked up - the same rancid, brown, headache-causing garbage weed I had left behind when I moved to Oregon, home of the Kind Green Buds - and within moments I was pitifully stoned. And

there I was again, back at my bottom: paranoid, isolated, barely able to speak, surrounded by people I didn't really know, depressed, doing something I wished I wasn't doing, and unable to change any of it

This didn't stop me from smoking more, of course. I smoked and drank all day, and then I drove home. Nor did it stop me, when I was left alone with the guy's stash, from stealing some of it to use later—at my parents' house. I was stealing the stuff that was making me miserable from people who were supposed to be my friends, then driving home plowed in a state where I already had a DUI on my record. My life was unmanageable!

I got home with my little stolen pocketful of depression, and I felt lower than a tech stock. I knew in my heart that I was utterly powerless against weed, that I needed to get it out of my life entirely and forever. Of course, I still had this stolen stash, so I did the only thing I could at the time.

Did you see this coming? That's right — I smoked it! I knocked back three or four bong hits in a row and thought, "There, I 'got rid' of it."

It was not long after this, when I got back to Oregon and to MA, and I started putting some clean days together, that some things I heard at my first meetings started to make sense to me. One was the simple power of "Keep coming back." Another was "I don't have to do that anymore." I clearly had no

choice in the matter on Labor Day 1999, because I was, as Life With Hope says, "ensnared in the insidious grip of marijuana."

But now I have found a power that's greater than my addiction. On Labor Day 2001 I went for a hike with sober friends and then went to a meeting and carried the message of hope and recovery. That, my friends, is progress!

Today I have a new high, a real high. I'm free of marijuana, and of the stealing, isolation, and paranoia I wallowed in during that last "high." I have true friends with whom to share a real life. My last "high" was a low bottom which today I can learn from and even laugh at, and that's a real blessing.

Thank you, MA!



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The purpose of A New Leaf is to carry the message of recovery from marijuana addiction. It is through the written experiences of recovering addicts and their stories that we may find experience, strength and hope.

Articles submitted should reflect recovery, unity, and service. The articles contained in A New Leaf are the sole opinions of the authors and do not necessarily reflect the opinions of Marijuana Anonymous as a whole.

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Send all articles, inquiries and correspondence to:

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LWH2: Apologies and a Correction

Due to an error in the production process of the second edition of Life With Hope, the Table of Contents erroneously reported the order of items in the first part of the book. Below is an errata page for your use to cut out and insert into your copy so that you have an accurate reflection of the contents. We apologize that this is necessary. Future copies sold of the first printing will include this page; once the present printing has been sold, the page in question will be printed in its corrected format. Again, our apologies, and our thanks for your understanding and patience.

The Editors of Life With Hope

ERRATA

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8th Annual Marijuana Anonymous World Convention

President's Day Weekend February 15, 16, 17, 2002 Seattle, WA

Come enjoy the fellowship of other MA members. The weekend will feature many workshops and meetings, entertainment, banquet, dance, and a raffle. Lots of fun and sharing!

Friday, February 15 * Saturday, February 16 * Sunday, February 17* Breakfast on your own Breakfast on your own 4-9 Registration 9-12 Workshops (Meetings) 9-10:30 Workshops 6 Introduction, Meet & Greet 12-1:30 Lunch on your own Check-out of Hotel 7 Taco Salad Bar 1:30-4:45 Workshops 11:30-2 Soup & Salad Buffet 8:15 Announcements 4:45-6:30 Free Time **Closing Meeting** 6:30 Banquet Buffet, Raffle 8:30 Speakers Meeting Raffle 10-1 Entertainment 8 Speakers Meeting **Birthday Countdown** 9:30-1 Musical Entertainment *All times are subject to change! & Dance The Hospitality Suite will be open all weekend, from 4 pm on Friday until Sunday morning. The suite will have free snacks and drinks, and is a great place to say hello. Vegan food items will be available at the suite and at all meals. Drum Circle, Chair Massage and other surprises TBA. We are working on getting ASL Interpreters for the Deaf, for more info, please contact Mary, sabetto@home.com. Check out the convention website, www.seattlema.org **HOTEL REGISTRATION** Hotel is **not included** in the price of the Convention; you must book your room separately. Call the hotel and make a reservation (no reservations booked online!) Best Western Executive Inn, 200 Taylor Ave. North, Seattle, WA 98109 (206) 448-9444 or 1-800-351-9444 Reservations must be made by January 1, 2002 Our guarantee of a minimum of 25 room nights booked per night ensure our receiving use of meeting rooms and Hospitality Suite free of charge; PLEASE RESERVE EARLY!!! Single or Double Room \$79.00, call for details IMPORTANT!!! Shuttle Tickets for Airport Transportation are only for those who pre-register!!! **CONVENTION REGISTRATION FORM** REGISTRATION COST QUANTITY TOTAL •Before January 1, 2002 \$40.00 •After January 1, 2002 \$45.00 Banquet Buffet, Speaker Meeting, Dance (vegan options) \$40.00 GRAND TOTAL: Any person attending the Banquet will be eligible for the Banquet Raffle, the Banquet is an additional cost Please make check out for total amount payable to Marijuana Anonymous, and mail to MA Puget Sound Service Committee, PMB 4403, 10002 Aurora Ave. North #36, Seattle, WA 98133-9334 Your anonymity will be protected for all mailing purposes.

Phone (

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A Note from the Editors

We apologize for the shortage of stories in this issue. The necessity of printing the LWH errata page, and the final publishing of the Convention order form, as well as the amazing number of birthdays we joyously include, severely limited the space we had available, and precluded us from publishing a story which was sent to us in time for the issue. We promise it will appear next month.

In the meantime, we would like to take this opportunity to thank all our readers for their continued support and appreciation for this small contribution we make each month to the continued recovery of our members, and the growth of the program. As humans, we make many errors; we are glad to stand corrected when necessary; we are grateful for your understanding. We are only too glad to be of service, however falteringly we may carry it out.

We would like to extend to all of you in every part of the globe to which we reach our heartfelt wishes for a safe, growth-filled, serene and joyous year to come. We wish to humbly thank you, our readership, for contributing to our recovery by making our effort in this endeavor possible. We sincerely wish all of you the very best...one day at a time.

MA WORLDWIDE

For Land and Online Meeting Schedules Go To: http://www.marijuana-anonymous.org email: of fice@marijuana-anonymous.org

MA World Service Office PO Box 2912 Van Nuys, CA 91404 800-766-6779

San Francisco (Dist. 1) PO Box 460024 San Francisco, CA 94146-0025 415.522.7373

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PO Box 1001 Petaluma, CA 94952 707.793.2149 Austin. TX

higherground_austin@yahoo.com
Chester Co., PA Chapter

Chester Co., PA Chapter PO Box 194 Sadsburyville, PA 19362 610.622.9243 **Chicago** Ma_chicago@hotmail.com

Colorado 303.607.7516

Idaho 208.602.2997

Ithaca, NY ma_ithaca@yahoo.com

Australia
MA Australia
PO Box 202
Hindmarsh, 5007
South Australia
0.500.502.654
maaustralia@yahoo.com.au

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* Congratulations to Our Members * Celebrating their Sober Birthdays! *

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