



THE

MESSAGE

DISTRICT 6 NEWSLETTER
3249 HENRIETTA AVENUE
LA CRESCENTA, CA 91214

FEBRUARY 1991

FAX#: 213-261-5192

WELCOME!

To the first issue of the
Marijuana Anonymous District 6 Newsletter.

This newsletter has come about to extend the fellowship of our individual meetings to the expanding family of District 6. This district consist of meetings from Palmdale, North Hollywood, Woodland Hills, Pasadena, Glendale, Northridge, and all points in between.

We hope to share our experience, strength and hope to a larger community of addicts and to have some fun along the way.

We also can be a source of information of what's happening in **MA** community. Some of the things we will have on a monthly basis are: *Helpline phone numbers for those who need someone to call and those that want to be called, birthdays (yours or a friend), articles on sobriety from marijuana or on Marijuana Anonymous in general.*

We will also be keeping you up to date on what's going on in District 6 and **Marijuana Anonymous** as a whole. We will be bringing you updates on the Worlds Service Conference which we are lucky enough to be hosting in our district.

If your meeting(s) is making some changes, having something special coming up or needing support, please let us know about it.

You'll also find a current directory for all the **MA** meetings in Southern California on the back page.

We'd also like to hear if your have any ideas on how to make the newsletter better. *Don't be shy, speak up.*

This newsletter is yours - Its a good way to bring all of District 6 closer together by sharing sobriety and fellowship. We hope you will enjoy it and participate because this won't work without YOU.

Thank you for letting us be of service,

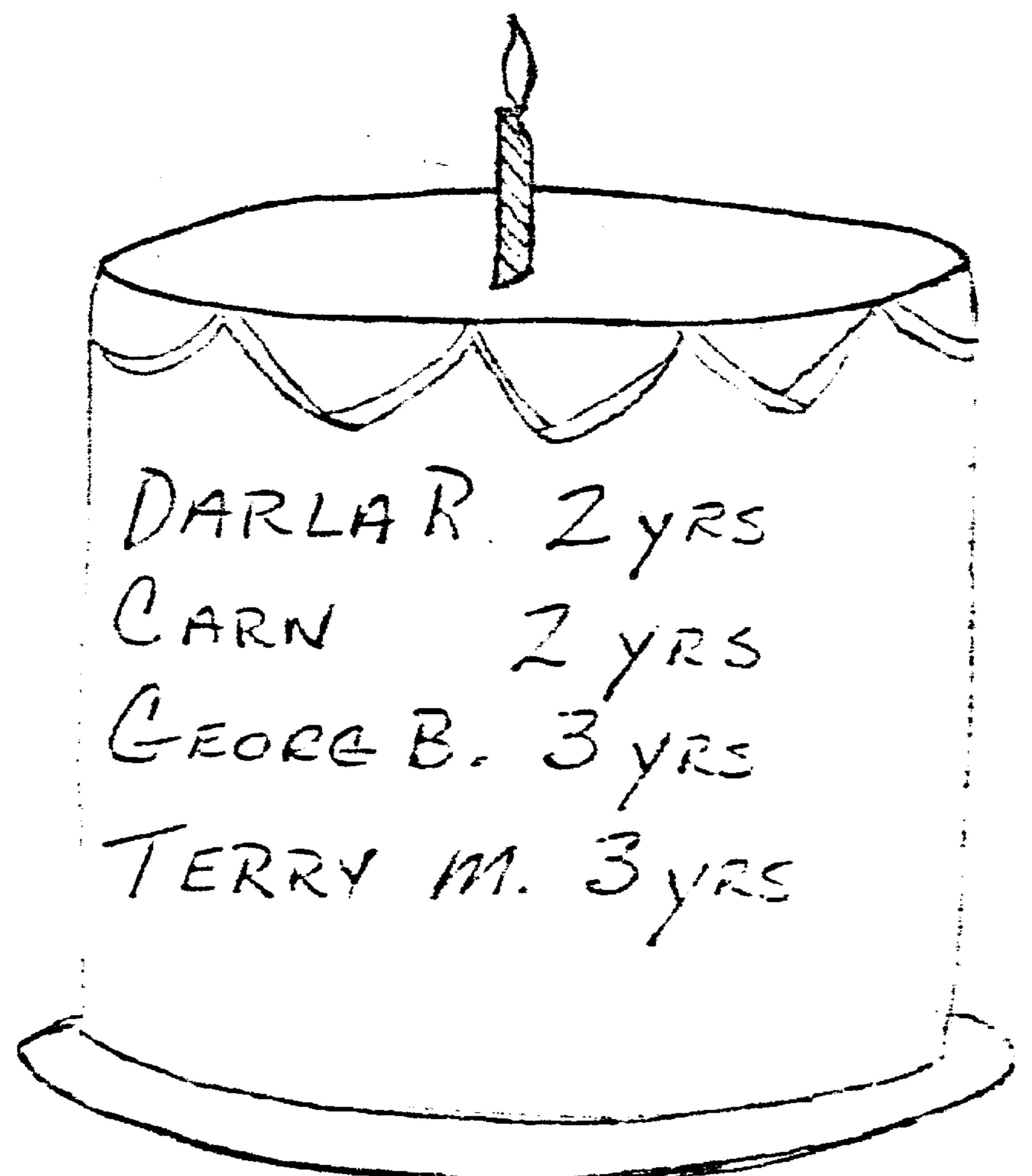
George B.
Steve E.
Editors

HELPLINE

If you need to talk, here's a list of people who would like to listen.

Terri R.....	818-563-6689
Geoff F.....	818-548-5365
Albert J.....	213-661-2449
Terry M.....	818-795-8171
George B.....	818-957-7785
Carol M.....	818-708-0717
Darla R.....	818-445-2442
Steve E.....	818-248-9238

Remember, we are not alone - we are all here to help each other.



Please share your birthdays with us.
Just tell your GSR or mail it
to the address above.

MARIJUANA ANONYMOUS WORLD CONFERENCE UPDATE

Many of you are already aware that District 6 (LA County North) is hosting the World Conference this Memorial weekend. District 6 includes the San Gabriel, San Fernando, Santa Clarita and Antelope Valleys. Unfortunately many people in the fellowship have no knowledge of the World Conference or its purpose.

Basically, the World Conference is where delegates from all districts in MA come to conduct MA business. The main focus of this business revolves around ways to carry out the 5th tradition and 12th step of our program, namely to pass the message to other addicts.

When an addict wants to start a new MA meeting, they contact World Services. World Services supplies these people with meeting formats, chips and all other information necessary to start a meeting.

Wouldn't it be nice to be able to go any where in the world and find an MA meeting? This is not impossible. In fact, addicts from as far away as Australia have expressed a desired to start MA meetings. The World Conference helps bring unity to MA to build a stronger fellowship.

The World Conference is therefore very important to the existence and unity of MA. After all, our recovery depends on the therapeutic value of one addict helping another. So, if you want to participate in your own recovery, be of service and help out in the planning, organizing and hosting of the World Conference, If you like to help, let your GSR know, and they will put you in contact with the right people.

The World Conference will be open to all those members of the fellowship who would like to attend. In fact, there will be at least one open meeting on each day of the conference. There is also a speaker meeting/party in the planning stages..

Loren N.

INNERGROUP TRUSTED SERVANTS

CAROL M.	Chair
TOM B.	Treasurer
TODD G.	Secretary & Literature
KATHY C.	Chips
ALBERT E.	Hosp. & Inst.
GEOFF F.	Public Information
LOREN N.	Conference Chair

INNERGROUP MEETS AGAIN ON MARCH 13TH AT 7:30 PM AT:

7653 LINDLEY AVE.
RESEDA, CA

FOR FURTHER INFORMATION
ASK YOUR GSR

NEW MEETING!!

Wednesday, 8:00 PM
Book and Step Study
6210 Halbreant, Van Nuys
(Genesis Recovery Group)

THOUGHT FOR THE MONTH

Life, itself, is the
proper binge

Julia C.

Notes From a Newcomer

I will always remember my first MA meeting. I was scared and nervous, but I remember all of that melting away as the meeting started. Soon I realized, "This is where I need to be". I could relate to what I was hearing. Listening intently, I was amazed that there was a group of people just like me. By the end of the meeting, I felt much more relaxed and real glad that I found my way there. A few people approached me after the meeting to greet me and give me a phone list, and to tell me "Keep Coming Back".

Approximately two weeks after that first meeting, I had what I choose to call a "*Spiritual Experience*". I was high and I felt really terrible. I realized that after nine years of smoking everyday, morning noon and night, that I was an addict and that pot ruled my life. I never wanted to get high again. I feel very fortunate that this happened. I knew I could not get sober on my own, so I made a decision to make MA a part of my life.

The first 30 days were very difficult. My body was changing, mentally and physically, and I felt very strange. MA gave me a program I could believe in and follow. Soon I started looking forward to getting to at least one meeting a week and sharing my feelings, as well as listening to others. I began to feel more comfortable and soon started talking to people after the meetings. Everyone was very supportive and I knew they really cared about me and my sobriety. I was even nominated for the refreshment commitment, which I gladly accepted. Being of service is an added boost to my program.

I now have 60 days, and I will be taking my 60 day chip this week. It is hard to put in words how my life has changed, just in the last two months. I am happy. My self-esteem

and self-confidence has improved tenfold. I have never been more proud of anything I have ever done. These 60 days are very precious to me and I wouldn't trade them for anything, not even a joint.

"Keep coming back, it works if you work it"

Terri R.

Why MA?

A lot of people in other 12 Step programs ask the question, "Why Marijuana Anonymous?" I tell them that for twelve years, I was in and out of AA and NA and could not put together any length of sobriety or stop smoking pot. I tell them that I could stop drinking and using other drugs for long periods of time, but I could not stop smoking pot. Marijuana was my drug of choice and the other drugs usually always followed a joint. Marijuana was how I started and ended my day. I didn't do anything or go anywhere without pot. It was how I functioned. I tell them that I need to hear from people who smoked pot like I did. I need a program that primarily deals with marijuana.

Without MA, I don't think I could have put together 20 months of sobriety. I never could before I attended MA.

For my sobriety, I attend both MA and AA programs, because I am an addict and alcoholic. I applaud all the 12 Step programs, but MA will always be the foundation of my sobriety. I feel I belong.

Chuck R.

Southern California
Marijuana Anonymous
Schedule of Meetings

SUNDAY

- 10:00 AM El Segundo
Sunday Morning Joint Effort
550 N. Continental Blvd., Suite 130
(W. of Aviation, N. of El Segundo)
- 4:30 PM West Hollywood *(33/F4)
1296 N. Fairfax (corner of Fountain)
(United Methodist Church)
- 5:30 PM Glendale - Discussion *(25/C4)
225-D N. Maryland Ave.
(Positive Directions Activity Center)
- 7:00 PM Huntington Beach - Step Study *(26/B4)
2205 Main Street, Suite 16
(Church of Religious Science,
Seacliff Village Shopping Center)
- 7:45 PM West Hollywood - Men's Stag *(33/D5)
8939-1/2 Santa Monica Blvd., Upstairs
(W. Hollywood Drug & Alcohol Center)
- 8:00 PM Newport Beach - Discussion *(33/C4,O.C.) H/A
301 Newport Blvd.
(Hoag Hospital Chemical Dependency Unit)

MONDAY

- 7:00 PM Palmdale - Step Study *(183/D1)
37707 Palm Vista Ave.
(Corner R-6 - 1 blk E. 10th St. East)
(First Assembly of God Church)
- 7:30 PM Orange - Participation *(17/B4,O.C.) H/A
1100 W. Stewart
(Sister Elizabeth Recovery Center)
- 8:00 PM North Hollywood - Participation *(16/A5) H/A
6455 Coldwater Canyon Blvd.
(Life Plus Institute)
- 8:30 PM West Hollywood *Rastaman Vibrations* *(33/D5)
8939-1/2 Santa Monica Blvd., Upstairs
(W. Hollywood Drug & Alcohol Center)

TUESDAY

- 8:00 PM Mar Vista - Participation *(49/F2) H/A
3590 Grandview Blvd.
(2 blk N. Venice - 1 blk E. Centinela)
(St. Bede's Episcopal Church)
- 8:00 PM Orange - Participation *(17/E4,O.C.) H/A
401 South Tustin Ave.
(Care Unit of Orange)
- 8:30 PM Woodland Hills - Participation *(13/D1) H/A
20969 Ventura Blvd., #19
(French Quarter Building)

LEGEND

* - Thomas Guide Coordinates
H/A - Handicapped Accessible

WEDNESDAY

- 7:00 PM Pasadena *(27/F4)
2900 East Del Mar Blvd.
(Las Encinas Hospital)
- 7:30 PM Culver City - Beginner's Meeting
3853 Dunn Dr.
(1 blk E. of Clarington - N. of Washington
(Cornerstone House)
- 8:00 PM Costa Mesa - Participation *(31/C1,O.C.) H/A
661 Hamilton, Room 640
(REA Community Center)
- 8:00 PM North Hollywood - Participation *(16/A5) H/A
6455 Coldwater Canyon Blvd.
(Life Plus Institute)
- 8:00 PM Van Nuys - Book and Step Study
6210 Halbreth, Van Nuys
(Genesis Recovery Group)
- 8:30 PM Manhattan Beach
1001 N. Rowell
(At the church, East of Sepulveda)
(South of Manhattan Beach Blvd.)

THURSDAY

- 8:00 PM Mar Vista *(49/F2) H/A
3590 Grandview Blvd.
(2 blk N. Venice - 1 blk E. Centinela)
(St. Bede's Episcopal Church)
- 8:00 PM Lake Forest - Participation
23228 Madero, Conference Room
Mission Viejo Charter Hospital
- 8:30 PM Pomona *(90/F6) H/A
1910 Royalty Drive
(ATDC Center, Pomona Valley Hospital)

FRIDAY

- 6:30 PM Pasadena *(27/B3) H/A
131 N. El Molino, #320
(Pasadena Council on Alcoholism/Drug Dep.)
- 7:30 PM Orange - Bimonthly Step Study *(17/B4,O.C.) H/A
777 S. Main Street, Room 104
(Mariposa Women's Center)
- 8:00 PM Northridge - Participation *(14/C1) H/A
18420 Roscoe (at Reseda Blvd)
(Pavilion Plaza)
- 8:30 PM West Hollywood *(33/D5)
Resin Resisters - Step Study
8939-1/2 Santa Monica Blvd. Upstairs
(W. Hollywood Drug & Alcohol Center)

SATURDAY

- 6:00 PM San Diego
9184 Gramercy Dr. (Von's Shopping Center)
(Serenity Shop - Back Room)
- 8:00 PM North Hollywood - Participation *(16/A5) H/A
6455 Coldwater Canyon Blvd.
(Life Plus Institute)

MARIJUANA ANONYMOUS
P.O. BOX 2912
VAN NUYS, CA 91404
(818)-566-3678

For Information on Meetings
in Other Areas, Call

1-800-766-6779