

SOUTHERN CALIFORNIA MA NEWSLETTER 2628 PROSPECT AVENUE LA CRESCENTA, CA 91214 APRIL 1992 STEVE E. & GEORGE B., Eds. FAX#: 213-261-5192

#### NOT SO TYPICAL WEEKEND

The other day, I had the pleasure to stand along with several members of MA at the base of Sturtevant Falls. This occasion marked a significant experience in my life. It seems that, in no longer using marijuana, most experiences are significant - if not paramount.

My entire weekend was filled with recovery: Friday night, my favorite meeting was followed by fellowship at Abe's. Saturday, I wake up at 8:30 AM without the fog in my head or greenish/spotted black crap in my lungs. I shared a challenging four mile hike in the rain with new, special friends of MA. I will never forget how each of us shared our serenity and excitement having touched God with the water spraying forcefully into our faces at the base of the falls. I was right there with my higher power!. Saturday night was filled with a good talk with my sponsor, as well as multiple incoming and outgoing calls to my MA friends. Imagine a Saturday night at home doing nothing but visiting on the phone. No bongloads required. Truly a new leaf has been turned over. Sunday, surprise!, sober birthday parties. Oh, to be a child again. Water fights, music, laughs and smiles all day. Sunday night, I watched the movie "My Name is Bill W."

Thanks, Mr. Wilson and Mr. Smith. Thanks to all my new friends. I love you and follow your suggestions and God's will for my life. One day at a time, I don't ever have to use again. A great weekend!

In the game of life, not even the 50-year line seats are good enough anymore; I CAME TO PLAY!

# HELPLINE

If you need to talk, here's a list of people who would like to listen.

Al & Michelle E	818-994-3161
Karie M	818-884-1223
Terri R	818-563-6689
Danny G	805-949-9741
Tina K	818-564-1601
Dave K	818-704-8812
Az A	714-288-9139
Grady S	818-363-9510
Fred M	213-558-3864
Pat R	619-947-4113

Remember, we are not alone - we are all here to help each other.



# Happy Bir**t**hday!!

LAURA V. MARCH 20 ONE YEAR CAROL ANN M. MARCH 22 TWO YEARS **GRADY S. APRIL 1 ONE YEAR** GEOFF F. APRIL 1 THREE YEARS CHRIS G. APRIL 1 ONE YEAR MIKE P. APRIL 4 FIVE YEARS **BOB B. APRIL 5 ONE YEAR** STEVE V. APRIL 6 ONE YEAR J.J. N. APRIL 7 FOUR YEARS LINDA C. APRIL 7 TWO YEARS **BRENDA APRIL 8 TWO YEARS** TOM W. APRIL 12 ONE YEAR **MATT S. APRIL 12 FOUR YEARS** MITCH V. APRIL 13 ONE YEAR CHRIS H. APRIL 16 ONE YEAR MIKE P. APRIL 18 FIVE YEARS THERESA APRIL 20 TWO YEARS **BRIAN K. APRIL 23 TWO YEARS** PAULA C. APRIL 24 FIVE YEARS **RON S. APRIL 25 TWO YEARS JOHN APRIL 27 TWO YEARS EVAN B. APRIL 28 THREE YEARS** 

### MARIJUANA ANONYMOUS EVENTS CALENDAR

#### **UPCOMING EVENTS**

May 2		Talent/No Talent Contest
CONTACT:	Tina 818-564-1601	Dancing, Too
		<del></del>

- TINA 010 70 1 10		
DISTRICT 5	DISTRICT 6	DISTRICT 7
INTERGROUP	GENERAL SERVICE MEETING	GSR MEETING
		May 13, 1992
CONTACT:	Thursday,	• •
AZ 714-288-9139	May 7, 1992 7:00 PM	Call Fred M. for Info
	9919 La Tuna Canyon, Sun Valley	310-558-3864
	EVERYONE IS	
	WELCOME!	

#### **NEWCOMERS**

Today, I have 16 months of sobriety. 98% of my friends are in MA. I go to fellowship after every meeting I attend. I hang out with MA people on the weekend and I go to MA events. Even though I have been around for a little while, I still feel like a newcomer sometimes. Today, I try to put my hand out to newcomers and introduce myself. I feel proud and happy when I see a newcomer succeed.

I get a real good feeling inside when I see a newcomer take a chip. It proves to me one more time that it doesn't work out there. Newcomers are the lifeblood of MA. They are what fuels the program and makes it grow. With the newcomer, MA would not exist.

When I was a newcomer, I was scared. I didn't want to mingle, and I couldn't bring myself to go to fellowship. Slowly, very slowly, I began to talk to people and people began to talk to me.

Eventually, I began to call people. "Picking up that 2,000 lb phone" got easier. Then I began to make friends and go to fellowship. As I began to get involved in the program, I took a commitment. I was also staying clean and sober, one day at a time. Anon

# HAPPENINGS IN LA SOUTH!!

LA South (District 7) HAS A LOT OF NEW AND exciting meetings. There ARE NOW BOOK STUDY AND STED MEETINGS DLUS TWO MEETINGS AT THE GAV AND LESDIAN CENTER Hollywood. WE ARE CURRENTLY RAISING MONEY for the conference and World Services. The Spring and Summer look like exciting TIMES AHEAD!!

## SERVICE WITH A SMILE

The primary purpose of us as addicts and the program of MA is to carry the message to the suffering addict. How do we do this? The answer is by being of service. By being of service, we have an opportunity to give back what has been so freely given to us. If we can spend a small portion of the energy we used getting high to giving back we will be greatly rewarded.

At the meeting level, there are many commitments (cookies, coffee, greeter, treasurer, general service representative, secretary or going out and starting a new meeting) that are crucial to the survival of the 12-Step Program as these are the people that a newcomer sees first.

At the general service meeting an incredible amount of work is being done. The Hospital and Institutions Committee is going in and talking to patients, sharing their stories and hopes in a way that these patients can know that there is a different way of living. H & I is always looking for panel leaders and speakers.

The literature committee is busy writing and publishing brochures so that there is literature on the table for the newcomer and the rest of us. We have an events committee that always needs help with ideas and staging events. There are commitments that entail returning phone calls from people seeking help and information. Public service announcements are written and sent to radio stations, meeting starter packs are put together and mailed out to people inquiring about them, chips are purchased and sold to meetings.

This newsletter is put together and distributed to meetings free. You can be of service by collecting birthdays or writing articles. Delegates are also elected at the general service meeting to represent us at the World Conference where the commitments above are done on a large scale for the meetings we have in other states and countries.

If we stick around hopefully we'll be asked to be someone's sponsor and help them work the steps, another rewarding commitment.

The fact that people have taken these commitments before us ensured that the program was here for us and now it is our turn. The greatest reward from this is self-esteem. I feel good that I can finish something and be there for someone else. If you're like me and suffer from low self-worth or just want to feel part of something or want to help, get involved because this program belongs to each and every one of us and we all have an equal say in how it grows and is run. So step forward and make a commitment to your own sobriety.

George B.

Opinions expressed in A New Leaf are not necessarily the opinions of Marijuana Anonymous. However, we encourage our members to express themselves. This newsletter belongs to you (so send some articles, please). Eds.



# Southern California Marijuana Anonymous Schedule of Meetings

Schedule of Meetil Updated 3-31-92



#### **SUNDAY**

10:00 AM Torrence - Participation \*(67/F5) 4025 W. 226th St. (Suncrest Hospitul)

4:30 PM West Hoffywood - Book Study \*(33/F4)
1296 N. Fairfax (at Fountain)
(United Methodist Church)

5:30 PM Glendale - Discussion \*(25/C4)
225-D N. Maryland Ave., Upstoirs
(Positive Directions Activity Center)

7:00 PM Newport Bch - Open Panel \*(33/C4,OC) H/A
301 Newport Blvd. (Patient Lounge)
(Hoag Hospital Chemical Dependency Unit)

#### MONDAY

7:30 PM Orange - Participation \*(17/84,0.C.) H/A
1100 W. Stewart
(Sister Elizabeth Recovery Center)

8:00 PM North Hollywood - Participate. \*(16/A5)
6455 Coldwater Cenyon Blvd., Upstairs
(Life Plus Institute)

8:30 PM W. Hillywd "Rastuman Vibrations" "(33/D5) 8939-1/2 Santa Monica Blvd., Upstairs (W. Hollywood Drug & Alcohol Center)

8:30 PM Hesperia
15800 Main Street, Suite 170
(Traffic School Office)

#### TUESDAY

7:30 PM Orange - Women's Stag \*(17/E2, O.C.)
(At the end of Oakmont Ave, behind school grounds in trailer)

7:30 PM Orange - "Roach Motel" "(17/E4, O.C.)
401 S. Tustin Ave.
(OC Comm. Hospital Cafeteria)

8:00 PM Mar Vista - Participation \*(49/F2) H/A
3S90 Grandview Blvd.
(2 blk N. Venica - 1 blk E. Centinela)
(St. Bede's Episcopal Church)

8:30 PM Woodland Hills - Participation \*(13/D1)H/A
20969 Venture Blvd. #19
(French Quarter Building)

#### WEDNESDAY

6:30 PM Van Nuys - Disc. \*(15/C4)
15107 Vanowen Street, 3rd Floor
(Valley Presbyterian Hospital)

7:00 PM Lancaster - Step Study/Partiple \*(160/B5) 44743 Yucca Avenue (Old Skating Rink)

7:00 PM Pasadena \*(27/F4)
2900 East Del Mar Blvd.
(Las Encinas Hospitol)

7:30 PM Culver City - Beginner's Meeting \*(42/C6)
3853 Dunn Dr.
(1 blk E. of Clarington - N. of Washington
(Cornerstone House)

8:00 PM Costa Mesa - Big Bk Stdy \*(31/C1,0.C.) H/A
661 Hamilton, Room 640
(REA Community Center)

8:15 PM Van Nuys - Book & Step Study \*(15/C4)
15220 Vanowen Blvd.
(Van Nuys Hospital, Room ()

8:15 PM Los Angeles - Porticipation \*(34/B4)
1213 N. Highland Ave
Gay & Lasbiaa Comm. Services Center
All Welsome

#### THUESDAY

7:30 PM Van Nuys \*(15/C4)
15220 Vanowen Blvd.
(Van Nuys Hospital, Room C)

8:00 PM Mar Vista \*(49/F2) H/A
3590 Grandview Blvd.
(2 blk N. Venice - 1 blk E. Centinela)
(St. Bede's Episcopal Church)

8:00 PM Mission Viejo - Stp Stdy "Last Connection" 23228 Madero, Conference Room Mission Viejo Charter Hospital

#### RDAY

6:30 PM Pasadena \*(27/B3) H/A
131 N. El Molino, #320
(Pasadena Cnd on Alcoholism/Drug Dep.)

7:30 PM Orange "TGIF" Step Study"(17/B4,0.C.) H/A 812 Town and Country (Ground Floor, Room 13)

8:00 PM Northridge - Participation \*(14/C1) H/A 18420 Roscoe (at Reseda Blvd) (Pavilion Plazo)

8:30 PM West Hoflywood \*(33/D5)

"Resin Resisters" - Step Study

8939-1/2 Santa Monica Blvd. Upstairs
(W. Hoflywood Drug & Akchol Center)

#### SATURDAY

10:30 AM Los Angeles - Speaker Meeting. \*(34/B4) 1213 N. Highland Ave Gay & Lesbion Comm. Services Center All Welcome

12:00 Noon Woodland Hills - Spkr Meeting \*(12/E5) 6201 Winnetka Ave. Room #9, Pierce Coll. (Social Sience Bldg, Winnetka Entrance)

12:00 Noon Whittier - Participation \*(55/D6)

Room #N
12200 Washington Blvd.

6:00 PM San Diego, "Weed Whackers" 9184 Gramercy Dr. (Von's Shopping Center) (Serenity Shop - Back Room)

#### LEGEND

\* - Thomas Guide Coordinates H/A - Handicapped Acressible

For Information on Meetings in Other Areas, Call 1-800-766-6779 MARUUANA ANONYMOUS P.O. BOX 2912 VAN NUYS, CA 91404 (818)-566-3678 (213)-964-2370 (714)-491-6053