



Did you know there is a **FRIDAY NIGHT MA MEETING IN PASADENA?** Friday nights can be tough for potheads. I remember going through a long phase before I got sober that I only smoked on weekends - I thought I "had it under control." It can be almost an automatic response to want to get high come Friday night. As one member of the meeting once said, "When Friday night comes and I want to get stoned, there's nothing like finding those folks that also want to get stoned, BUT DON'T, to get me out of that place!" This meeting can be that place for you or someone you know.

The **FRIDAY NIGHT PASADENA MEETING** is a small meeting. It's cozy and intimate; we share by candlelight. Because of the darkness I think, people are not pressured to be witty or clever, or to "have it all together." This is a place to get support, explore the factors behind your addiction, the obstacles to your recovery, the successes and struggles in your life, and to forge new friendship in sobriety. We're not concerned with Image here, we're concerned with the processes of Recovery and Healing. If you're serious about working a program for sobriety, you'll enjoy this meeting. We laugh a lot too.

So, step out on Friday Night and come to a fine meeting! Kathryn R.

FRIDAY NIGHT, 6:30 PASADENA
131 N. El Molino, #320
(Between Walnut and Colorado; betwixt Fair Oaks and Lake)
Pasadena Council on Alcoholism and Drug Dependence



THEY'RE HERE...

Well, after months and months of talking, the conference is finally here, May 25-27. We hope a lot of members will come and give their input or join us for an **MA** meeting. Of course, there is the speaker meeting and party with dancing, door prizes and food for Saturday night. A lot of important issues will be discussed at the conference and we are interested in your opinions. Delegates will be voting for us, but everyone's voice counts. This is a great opportunity for fellowship.

Come and join us.

George B.

Those members who will be representing us are:

- | | |
|-----------|----------------|
| Geoff F. | Delegate |
| Andi A. | Delegate |
| Kathy C. | Committee Head |
| George B. | Trustee |
| Carol M. | Trustee |

conference MA meetings

Everyone, Please Come!

Saturday Day, May 25, Participation
9:00 - 10:00

Saturday Night, May 25
8:00 - 9:30, Speaker Meeting
9:30 - 1:30, Party

Sunday Afternoon, May 26, Participation
1:45 - 3:00

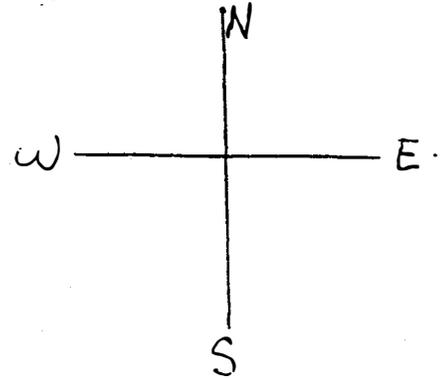
For our out of towners, welcome to Southern California and District 6. We are happy you could travel so far to be with us for the World Conference. We hope you have a good time. Thanks for being here. Steve E. and George B., Eds

CONFERENCE DIRECTIONS

POLYTECHNIC HIGH-SCHOOL, CATALINA ST. AND CORNELL ST.: 2 BLOCKS EAST OF LAKE ST. AND 1 BLOCK SOUTH OF CALIFORNIA; THOMAS GUIDE COORDINATES - PAGE 27, C-5.

DIRECTIONS FROM THE EAST OR WEST: Exit the 210 Freeway at Lake St. and head south, away from the mountains (If coming from the West, turn right on Lake, if coming from the east, turn left on Lake. Take Lake for about two (2) miles, turn left on California Bl., turn right on Catalina (second street after you're on California, Catalina runs right into the school, either park on the street or turn left on Cornell and park in the parking lot on your right, Look for the signs. The conference will be congregating in the courtyard.

DIRECTIONS FROM THE SOUTH: Take the 110 (Pasadena) Freeway north until it ends and becomes Arroyo Blvd., take Arroyo Blvd to California and turn right, continue straight on California through Lake St. and turn right on Catalina (second street after you're on California, Catalina runs right into the school, either park on the street or turn left on Cornell and park in the parking lot on your right, Look for the signs. The conference will be congregating in the courtyard.



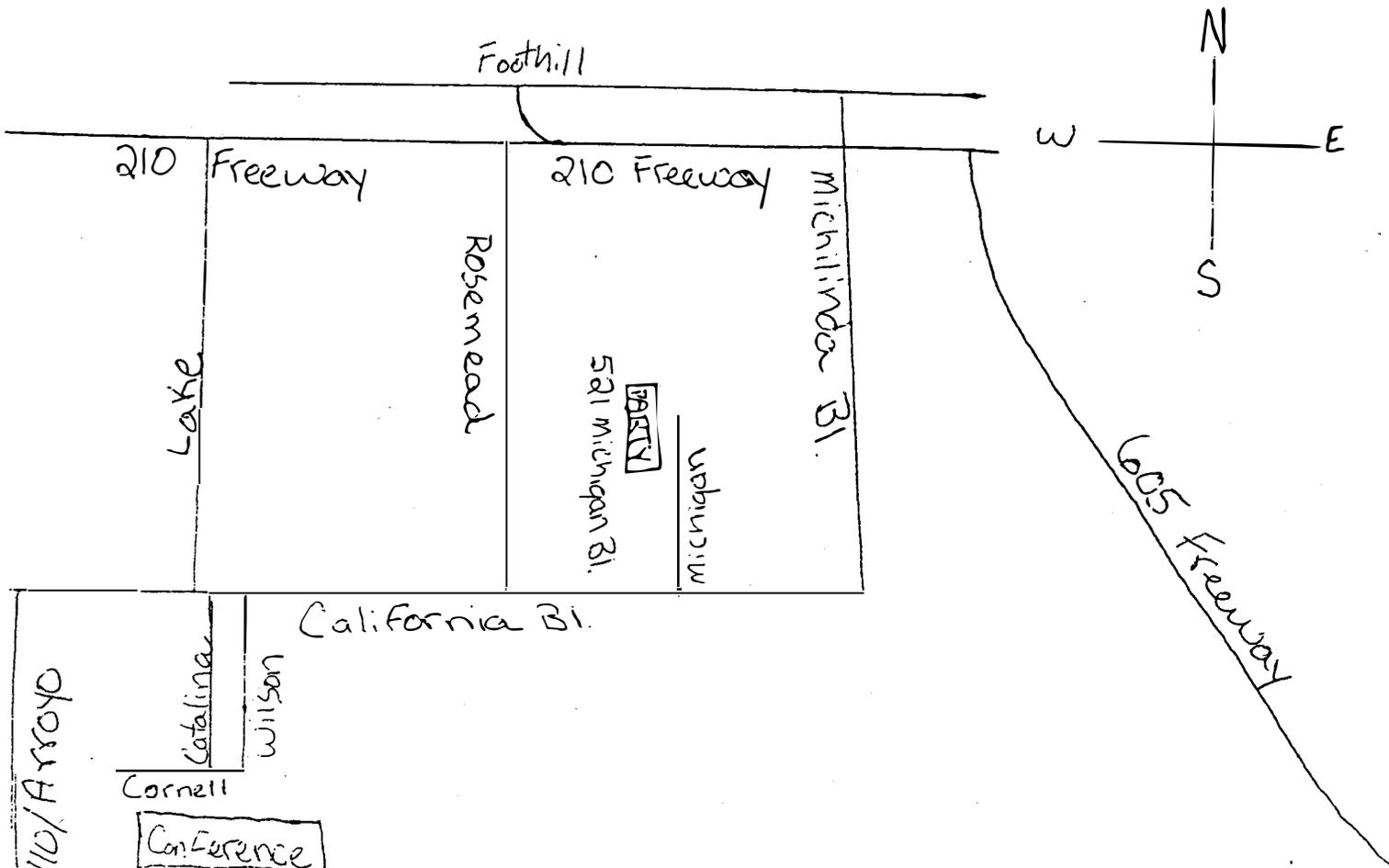
SATURDAY NIGHT PARTY DIRECTIONS

521 MICHIGAN BLVD., PASADENA: 1 BLOCK EAST OF ROSEMEAD BLVD. AND 1 BLOCK NORTH OF CALIFORNIA ST.; THOMAS GUIDE COORDINATES - PAGE 28, B-5; PHONE NUMBER (818) 795-6130 - ASK FOR TOM B.

DIRECTIONS FROM THE EAST: Take the 210 Freeway west and exit on the Rosemead/Michilinda offramp, take first right (towards Michilinda), turn right at the stoplight (Foothill Blvd.), turn right at next light (Michilinda), continue straight through Colorado Blvd. and turn right on California St., and take your second right, which is Michigan Blvd. The house is at the top of the street.

DIRECTIONS FROM THE WEST: Take the 210 Freeway east to the Rosemead Blvd. South offramp (First Rosemead exit), you won't have any choice but to go right on Rosemead, take Rosemead straight through Del Mar Bl., and turn left at the next light which is California, turn left on Michigan (There will be a median with a sign saying keep right, take a hard left in front of that sign...trust us). The house is at the top of the street.

DIRECTIONS FROM THE SOUTH: Take the 110 (Pasadena) Freeway north until it ends and becomes Arroyo Blvd., take Arroyo Blvd to California and turn right, continue on California for about five (5) miles, when you get to Rosemead, you're getting close, continue straight through Rosemead Bl. and turn left on Michigan (There will be a median with a sign saying keep right, take a hard left in front of that sign...trust us). The house is at the top of the street.



THEN and NOW

The sixties, everybody was tuning in, turning on and dropping out. I wanted to feel a part of it all. Love-ins, concerts, flowers in my hair, Beatles, Doors, Stones, even the music went against the "norm". I'd swear to this day that the Beatles' Sgt. Pepper told us to "smoke pot, smoke pot everybody smoke pot".

So I did, didn't everybody? Why, if Richard Nixon had only smoked pot things wouldn't have been so messed up. Then my heroes started to die. First, Hendrix, then Joplin, Morrison, and later on it would be Belushi, before him Bonham, the list is so long - you know their names. But I was in denial, I couldn't see that I was on the same road. I was still mad at the world and questioning authority, filling up my resentment list daily and drinking and using to cope. When I finally got sick and tired of feeling sick and tired, I called an A.A. hotline, found out about detox, checked into a hospital and learned about the dis-ease called addiction. I knew alcohol was a problem, but I still figured I could back to smoking dope after I took the time to clean out. A few weeks into sobriety and the cravings for pot were unbearable. I shared about it at an A.A. meeting and someone told me about MA. I went to a meeting the next night and knew I was at home. I could easily identify with everybody, we were all trying to stop the same drug. Alcohol had brought me to my bottom, but pot had kept me there. Talk about cunning, baffling and powerful, nothing fits that description better than Marijuana.

It's now almost twenty months later and I feel as if I'm finally usually happy, occasionally joyous and definitely free from the desire to use

marijuana. MA has given me so much, It's given me friends I know I can count on, even when the going gets rough. It's given me principles to live by an altered attitude not possible without the Twelve Steps and the people who live by them. I even have a higher power I choose to call God. For a recovering atheist, that's saying a lot. I trust my higher power in a way I never thought possible. He gives me strength in ways I never knew before and grants me serenity at times when it doesn't even seem possible. I thank God daily for the gift of recovery and ask that he show me his will in ways that I can understand. I strive for progress, not perfection, and I'm a lot less resentful and angry. Oh, sure I fall back into my "stinkin think" sometimes, but I'm able to recognize it for what it is and turn it around, in time.

It really seems that God is doing for me what I am unable to do for myself. He helps me solve my problems by leading the way to the right person, who gives me direction or just grants me enough patience to figure it out for myself, either through some pertinent reading in the big book, or some other recovery book. Sometimes he just sticks a newcomer in front of me to remind me of where I come from. I keep coming back and "One Day at a Time" I feel better. Thanks, God.

Al E.

THOUGHT FOR THE DAY

*Yesterday ended last night.
Every day is a new beginning.
Learn the skill of forgetting and move on.*

Norman V. P.



Southern California Marijuana Anonymous Schedule of Meetings

SUNDAY

- 10:00 AM El Segundo
Sunday Morning Joint Effort
550 N. Continental Blvd., Suite 130
(W. of Aviation, N. of El Segundo)
- 4:30 PM West Hollywood *(33/F4)
1296 N. Fairfax (corner of Fountain)
(United Methodist Church)
- 5:30 PM Glendale - Discussion *(25/C4)
225-D N. Maryland Ave.
(Positive Directions Activity Center)
- 7:45 PM West Hollywood - Men's Stag *(33/D5)
8939-1/2 Santa Monica Blvd., Upstairs
(W. Hollywood Drug & Alcohol Center)
- 8:00 PM Newport Beach - Discussion *(33/C4,O.C.) H/A
301 Newport Blvd.
(Hoag Hospital Chemical Dependency Unit)

MONDAY

- 7:00 PM Palmdale - Step Study *(183/D1)
37707 Palm Vista Ave.
(Corner R-6 - 1 blk E. 10th St. East)
(First Assembly of God Church)
- 7:30 PM Orange - Participation *(17/B4,O.C.) H/A
1100 W. Stewart
(Sister Elizabeth Recovery Center)
- 8:00 PM North Hollywood - Participation *(16/A5) H/A
6455 Coldwater Canyon Blvd.
(Life Plus Institute)
- 8:30 PM West Hollywood *Rastaman Vibrations* *(33/D5)
8939-1/2 Santa Monica Blvd., Upstairs
(W. Hollywood Drug & Alcohol Center)

TUESDAY

- 8:00 PM Mar Vista - Participation *(49/F2) H/A
3590 Grandview Blvd.
(2 blk N. Venice - 1 blk E. Centinela)
(St. Bede's Episcopal Church)
- 8:00 PM Costa Mesa - Topic
350 W. Bay St.
(Starting Point)
- 8:30 PM Woodland Hills - Participation *(13/D1) H/A
20969 Ventura Blvd., #19
(French Quarter Building)

WEDNESDAY

- 7:00 PM Pasadena *(27/F4)
2900 East Del Mar Blvd.
(Las Encinas Hospital)
- 7:30 PM Culver City - Beginner's Meeting
3853 Dunn Dr.
(1 blk E. of Clarington - N. of Washington
(Cornerstone House)

- 8:00 PM Costa Mesa - Big Book Study *(31/C1,O.C.) H/A
661 Hamilton, Room 640
(REA Community Center)

- 8:00 PM Van Nuys - Discussion
6323 Woodman Ave.
(Crossroads Hospital)

- 8:00 PM Van Nuys - Book & Step Study
15220 Vanowen Blvd.
(Van Nuys Hospital, Room C)

- 8:30 PM Manhattan Beach
1001 N. Rowell
(At the church, East of Sepulveda)
(South of Manhattan Beach Blvd.)

- 8:30 PM Los Angeles Gay & Lesbian *(43/B4)
1213 N. Highland Ave, Room 207
(at Santa Monica)
Gay & Lesbian Comm. Services Center

THURSDAY

- 8:00 PM Mar Vista *(49/F2) H/A
3590 Grandview Blvd.
(2 blk N. Venice - 1 blk E. Centinela)
(St. Bede's Episcopal Church)
- 8:00 PM Lake Forest - Step Study
23228 Madero, Conference Room
Mission Viejo Charter Hospital
- 8:30 PM Pomona *(90/F6) H/A
1289 Park Avenue
(Serenity House)

FRIDAY

- 6:30 PM Pasadena *(27/B3) H/A
131 N. El Molino, #320
(Pasadena Council on Alcoholism/Drug Dep.)
- 7:30 PM Orange - Step Study *(17/B4,O.C.) H/A
777 S. Main Street, Room 104
(Mariposa Women's Center)
- 7:30 PM Costa Mesa
150 Paulerino Avenue, Suite 165
- 8:00 PM Northridge - Participation *(14/C1) H/A
18420 Roscoe (at Reseda Blvd)
(Pavilion Plaza)
- 8:30 PM West Hollywood *(33/D5)
Resin Resisters - Step Study
8939-1/2 Santa Monica Blvd. Upstairs
(W. Hollywood Drug & Alcohol Center)

SATURDAY

- 6:00 PM San Diego
9184 Gramercy Dr. (Von's Shopping Center)
(Serenity Shop - Back Room)

LEGEND

* - Thomas Guide Coordinates
H/A - Handicapped Accessible

MARIJUANA ANONYMOUS
P.O. BOX 2912
VAN NUYS, CA 91404
(818)-566-3678
(213)-964-2370
(714)-491-6053

**For Information on Meetings
in Other Areas, Call**

1-800-766-6779