

a new leaf a publication of marijuana anonymous



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Letting Go and Letting God

Early on in my recovery, I felt everything to be "Inspirational." Even the simple saying "Take it Easy." For me, a lover of Classic Rock long before it was called Classic, "Take it Easy" was a song. A song that told me to do anything BUT take it easy. I tried taking it easy. Doing my best to relax and not stress. To go with the flow.

I also remember, early on, being told an inspirational story about letting go and letting God. The story went something like this:

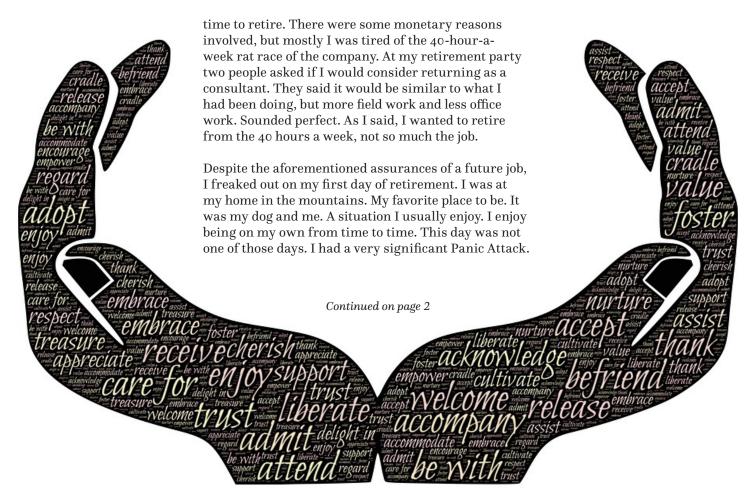
A person is holding on to the bottom rung of a ladder. They have been holding on for a long, long time. They are afraid to let go because there is fog below them and they can't see the ground. It could be two feet away or two hundred feet away. They don't know so they keep hanging on until they can't any longer.

They let go and plop, the ground was two feet away. They landed safely and lived happily ever after.

OK, the Happily Ever After was my addition. In recovery, we try to face reality and in reality, no one lives happily ever after. Better, yes, happily ever after, no.

I felt I did something like this when I gave up using and drinking. And in a way I did. Then I felt I did something like this when I left a failing marriage. I may have. However, it wasn't until I retired from my job of 45 years that I realized I hadn't. I hadn't done anything like that. Not in the sense of the above story. Not truly letting go and letting God.

Forty-five years is a long time for anything. I've been sober for just under half of that time. At 66 I felt it was



a new leaf - june 2019

I am grateful to live

this life I love with

those I love, and

ANL's Purpose

The purpose of **A New Leaf** is to carry the message of recovery from marijuana addiction. It is through the written experiences of recovering addicts and their stories that we may find experience, strength and hope.

Articles submitted should reflect recovery, unity, and service.

The articles contained in A New Leaf are the sole opinions of the authors and do not reflect the opinions of Marijuana Anonymous as a whole. MA is not affiliated with—and does not endorse or accept contributions from—any outside enterprise.

ANLP Liaisons

We are reaching out to districts to update the ANLP Liaisons and birthday lists. Additionally, district/group service representatives, including but not limited to those serving as ANLP Liaisons, are encouraged to stay in touch: chiefs@anewleafpublications.org

ANLP Staff

Chairperson: Rick V.
Treasurer: John L.
Secretary: Maurice R.
ANLP Admin: Thor H.
Managing Editor: Thor H.

Publishing Editor: * help!

Contact ANLP

Send articles/stories: stories@anewleafpublications.org

Letting Go...

Continued from page 1

I did what I had been taught in this program. I reached out to other addicts. I called my wife. I called/e-mailed friends and I worked through it—slowly, but the Fear only subsided. It did not go away.

Over the course of the first six months of my retirement, many of the fears did manifest. The ex-wife sued me. Monetary woes. Rip-offs we couldn't afford. However, through it all we did not lose the house. We did not starve. Friends stepped up and we worked through it. Budgeting, planning, we are getting through.

Per company policy I had to wait six months before I could go back to work for them, even with a different company. To help ease my fears, four months into my retirement I contacted the first person who offered me the job. They said, "Sure, no problem. Working on it." The next month, same reply. The following month they hinted it could be possible for me to work from home. An even better plan. Things were looking better.

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*To work with ANLP, please send a note to board@anewleafpublications.org

A month before I could start work, I contacted the contract company that would hire me out to my old company. We worked together to get me set up and ready. I even got paid for this training. Things were looking much better. Then they weren't.

On my final day of training for the job I had been almost guaranteed at my retirement party I got a text. I got this text two minutes before I was to start my final few hours of training. The text said, "Sorry Man, the job isn't happening." I was devastated, to say the least. I didn't know what to do. Again the training, the lessons I learned in my years in recovery kicked in. I took a breath and looked around.

Working 45 years in the same location you make friends. This training class was different than most of the others. It was at the location I had been working for all those years. Therefore, when I looked around I saw some people I knew and talked to them. They knew a guy who knew a guy that perhaps could have a job. I felt a bit better. Thank You, God.

I had to turn my cell phone off for the training class so I didn't get the follow-up text until after the class. They suggested I contact a different person who works for the company. This was the second person at my retirement party who said they would hire me. I hadn't talked to them yet. I called them and they were ecstatic. I talked to them face to face and they wanted me to start the next day. That afternoon I got everything I required and I waited.

It has been three months and counting. No job yet. At least not that job. I have done more training for the contract company. Thereby earning a bit of additional income, but not much. And I wait.

The longer I waited for this new new job my worry and fear grew. Every night as I walked our dog I would look up at the sky and pray. Being winter time my favorite constellation, Orion was overhead. I prayed for the God of my understanding to come into my heart and take away this fear. They did, and the fear slowly eased. I prayed some more. The fear eased some more.

Today, as I write this, the fear that so overwhelmed me nine

months ago is gone. It is gone because I have let go of that ladder. I have let go of expectations. I have let go of what I think I need and have turned it over to God – to the God of my own understanding. Also, they have assured me that yes they do want me. The holdup is corporate paperwork. Meaning I haven't landed yet.

However, I feel God has given me wings to ease the landing.

Another saying from early on, "Don't give up until the miracle happens."
No, I don't have the job, yet. Although the job was only one of my worries. I had my ex-wife's lawsuit. My lawyer and her lawyer talked and talked. This happened, that happened.
My ex-wife passed away, but not the lawsuit. Finally, with less than a day to go before the court date, where I was going to have to pay several thousand dollars of money I didn't have regardless of how the lawsuit turned out, it was dropped.

I cut out the lawyers. I talked oneon-one to the person pushing the
lawsuit, and it was dropped. That
wasn't me. That was the God of
my understanding coming into
that person's heart and easing
their pain. I don't know what God
has planned for me, for the rest
of today, or tomorrow. I know it
will be what is best for my family
and me. My immediate and

extended family. All I have to do is Trust God and Let Go.

After writing the first draft of this article, I got a text from the person trying to get me the job. It said all the corporate paperwork had been cleared, and the job was happening. Yeah, thank you, God.

And I waited. Three weeks. But those three weeks were nothing. I knew I had the job. I knew God had helped me through, and it is happening. It has been processed, and the job is happening in two days. I have, with the help of a God of my own understanding, friends and loved ones, AND this program, made it through. I made it through and on to another adventure.

I am grateful for this life I live. I am grateful to live this life I love. I am grateful to live this life I love with those I love, and who love me. I am oh so grateful to live this sober life with God.

~by Jeff M.

Life with Hope – "potential" Promises within Each Step

[Editor's Note: This submission by Darlene D. will span multiple *ANL* issues. All copy is quoted directly from *Life with Hope*. We have not included line-by-line citation detail, but instead encourage our readers to discover where in the book these lines can be found.]

Step One

- we discover the reality of powerlessness
- we found the courage to tell the truth
- first step to freedom
- give up our arrogance and defiance

Save the Date! Feb 14–16, 2020

MA World Convention



Hosted by District 6, Los Angeles

"A Vision for Us"

for updates, please email ma2020reg@gmail.com

Step Two

- introduced to the principles of open-mindedness and hope
- begin to see the possibility our beliefs about ourselves (while using) had been mistaken
- sane minutes, hours, days and weeks
- found the way to a new Faith or renewed our old one

Step Three

- accomplishment of making a decision
- our lives and the responsible use of our freedom to choose are returned to us
- we cleared the way for growth and recovery
- faith and acceptance are our new solutions
- faith gives our lives a new direction
- o opened the way to a new reliance on a Higher Power
- restoration of our inner wisdom

~by Darlene D. (to be continued...)

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Marijuana Anonymous Worldwide

For a complete listing of all meetings visit www.marijuana-anonymous.org

MA World Services 340 S Lemon Ave # 9420, Walnut CA 91789-2706

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DIST. 3	South SF Bay Area www.madistrict3.org	+1.408.450.0796	DIST. 16	Melbourne, Australia www.marijuana-anonymous.com	+61.403.945.083
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Celebrating 155 Years of Sobriety!

District 2					
Joe A.	5/17/2016	3 yrs			
District 4					
Jes H. Michael H. Michael S.	5/10/2018 4/20/2006 3/13/2009	1 yr 13 yrs 10 yrs			
District 5					
Cory D. Gary L. Laura B. Lyman Mary C. Tom G. Trevor	4/24/2014 5/8/2007 4/20/2004 4/27/2010 5/10/2010 5/17/2010 4/24/2013	5 yrs 12 yrs 15 yrs 9 yrs 9 yrs 9 yrs 6 yrs			

District 11						
Craig S.	5/26/1987	32 yrs				
Judy T.	5/13/2014	6 yrs				
Lael P.	5/18/2011	8 yrs				
Lisa G.	5/16/2013	6 yrs				
District 22						
Rachel C.	5/29/2015	4 yrs				
District 24						
Zack O.	5/1/2018	ı yr				
Ann Arbor, MI						
Noah C.	5/8/2016	3 yrs				
MA Phone Groups						
Darlene D.	5/7/2016	3 yrs				

From Life with Hope

Step Six

Were entirely ready to have God remove all these defects of character.

Tradition Six

MA groups ought
never endorse,
finance, or lend the
MA name to any related facility
or outside enterprise, lest
problems of money, property,
and prestige divert us from
our primary purpose.



GOT A YEAR?

Allow us to publish your anniversary to celebrate!!!

Provide your sobriety date to your local GSR to be forwarded to your ANLP Liaison, or e-mail your details to chiefs@anewleafpublications.org

Members / GSRs / ANLP Liaisons are encouraged to submit Birthdays that...

- 1) HAVE OCCURRED,
- 2) HAVE NOT been published recently,
- 3) and ARE NOT OLDER THAN 45 days.

Please use the format shown in the listing above. *Thanks!*



HELP NEEDED Designer, with InDesign chops!

Excited by Panel Icons? Let's chat!

ANLP is in need of a Publishing Editor. The role requires InDesign CC, a comfort with such things as Text Frame Options, Character and Paragraph Styles, how they're used in customized layout, and willingness to serve on a small team, understanding content decisions are sometimes a group process. It's a 1-year commitment, with an optional second.



Experience suggests that the best way to elicit support is asking directly, and we hope our readers will do just that. Specifically, we encourage you to not *only* announce this in meetings, but to learn who in your area might have skill with Adobe InDesign and discuss this service opportunity with them directly. Thank You! ~ANLP Board board@anewleafpublications.org