



A NEW LEAF

DISTRICT 6 NEWSLETTER
2628 PROSPECT AVENUE
LA CRESCENTA, CA 91214

SEPTEMBER 1991
STEVE E. & GEORGE B., Eds.
FAX#: 213-261-5192

GIFTS OF THE PROGRAM

I got my nine month chip at a Glendale MA meeting this week. I am the type of person who reflects on my progress whenever I reach a milestone like this. Of course, I am very happy. Of course, I am very proud of myself. However, I am also thinking of all the gifts I have received from the program in the past nine months. Not only do I have my sobriety, but I have my friends, my higher power, and my future.

In my opinion, my friends are one of the most precious gifts I have received in MA. During the end of my using, I had no friends, like many of us marijuana addicts. Today, I have more friends than I have ever had. What's more, they are REAL friends. They love me unconditionally, and I love them. I have learned the true meaning of friendship in MA.

My Higher Power is my greatest gift from the program. I am not a religious person, but I believe I have become a spiritual person. My Higher Power guides and supports me in a way I have never known before. I think I am in conscious contact with God, at least most of the time, and for that I am very grateful.

The most exciting thing I have gotten from my time in MA is my future. Before I got sober, I did not really have any goals for my future. As long as I could get high, I didn't care what else I did. Now that has all changed. In September, I will be starting my third semester in college, and I am deciding what my major will be. The wonderful thing is that now I can do anything. Now that I am sober, I have confidence in myself. My future is not set in stone, but I know that if I am sober, whatever my Higher Power and I decide will be wonderful.

Terri R.

HELPLINE



If you need to talk, here's a list of people who would like to listen.

Albert J	213-661-2449
Terry M	818-795-8171
Carol M	818-708-0717
Loren N	818-509-1715
Al E	818-994-3161
Karie M	818-884-1223
Randy	818-708-2305
Terri R	818-563-6689
Tina K	818-564-1601
Joyce M	818-985-7097

Remember, we are not alone - we are all here to help each other.



HAPPY BIRTHDAY!!

WHAT A CROWD!!

Audry T.	July 27	2 years
Sam F.	July 31	2 years
Joyce M.	August 20	1 year
Amanda R.	August 24	2 years
Andi A.	August 29	3 years
Al E.	Sept 1	2 years
Pat H.	Sept 1	4 years
Wendy C.	Sept 11	4 years
Ed P.	Sept 19	2 years
Michele E.	Sept 26	2 years

INTERGROUP

Thursday, October 3, 1991 7:00 PM
21021 Vanowen Ave., #B202, Canoga Park

EVERYONE IS WELCOME!



**THOUGHTS
FROM THE
FIELD**

*I believe in myself
I believe that every action for myself
gives value to myself
and if you are willing to act
in love of you
I believe in you*

The story of my recovery is the story of desire. What I desired was life, for I was living without desire. I did not know who I was or what I wanted or even how I felt. I couldn't remember anything about my life, I couldn't remember anything at all. I didn't have an identity because without memory and emotion, there is no identity and so I lived without being, because there was no John to be.

To live without a self requires a lot of doing and I did a lot. I worked 70-hour weeks and I did marijuana continually, but the best and greatest abandonment of self was simply to merge my identity with a woman. (Although this also required more and more and more dope to really seem to work).

Drugs never stopped working for me, but I stopped coping with work. I recognized I faced mental death if I continued, so I didn't. In the quiet desperation of simply wanting to live, I grew a little bit and wanted to live enough to live life on life's terms. I did withdrawal and at every point I could, I chose sobriety, even in pain.

I did feelings. I really didn't want to, but after a while, I got used to them. I took an interest in other people and got close to them. I began to see who was really there instead of my delusions. I lost my second marriage this way, but any lie at all will end my sobriety and my life.

After a year's sobriety, I almost went out behind the fact that I was lying to myself and others. I was stealing had been for many, many years and calling it something else. In the ongoing development of my recovery, though, it just got to be too much all at once, and I had to get straight with myself and GOD. Once I did, though, I was healed, and in a way I never knew possible before the program.

The joy of my life today is awareness of the details of life and in having the honesty not to want to change them. Although I no longer consider myself "in love", there are many people I do love, and I love them for themselves alone.

The greater prize and the hardest, though, is to love myself.

Love yourself first,

John H.

SOBRIETY IN THE VALLEY - NORTHRIDGE 8:00 PM PARTICPATION

Well, it might interest some addicts that sobriety is alive and well in the San Fernando Valley. There is a speaker/participation meeting on Friday evenings. The leader qualifies for about 20 minutes followed by participation. Because of a commitment as a GSR, which keeps me coming back, I have had the opportunity to openly share my sobriety and experience unconditional love. Indeed, friendships are there for the making, as in other meetings. Also, there is a melting pot of sobriety states which offers the message of sobriety for everyone. At the end of the meeting, an announcement is made about the meeting after the meeting, where one can share one on one or be part of the general group.

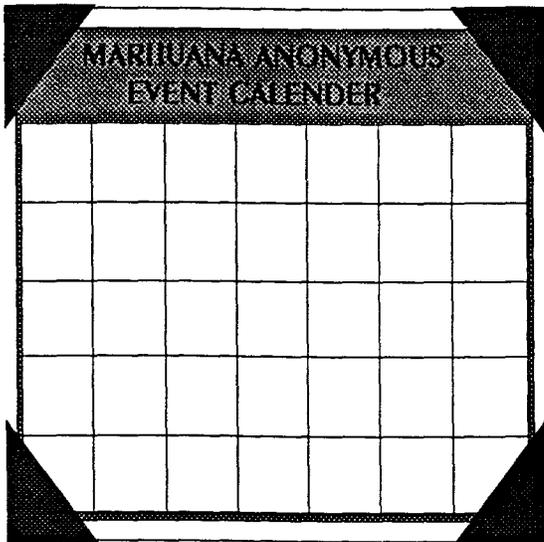
MURDER MYSTERY PARTY!!



Have you ever witnessed a murder, solved a crime, or wondered what crime solving would be like? Here is your chance to be Sherlock Holmes for a night.

A Murder Mystery Party will be held Saturday, November 23, 1991, 7:00 PM sharp, at an undisclosed private residence somewhere in the Southern California area. All information will be distributed my mail.

Due to a limited attendance of 60 guests, only 25 reservations are left. The cost is \$10.00 per person and because our attendance is limited, each MA person may bring only one guest. All guests will pay the \$10.00 fee. For further information and reservations, call Kathy C. At 818-980-4932 or Tina K. at 818-564-1601.



UPCOMING EVENTS

SEPTEMBER 21	BIKE RIDE
Call BRIAN K.	818-760-4013
SEPTEMBER 27-28	CAMP OUT
	Pt. Mugu
Call KATHY C.	818-980-4932
OCTOBER 12	SOFTBALL GAME & PICNIC
Call DAVE K.	818-348-3180
NOVEMBER 23	MURDER MYSTERY PARTY
Call KATHY C.	818-980-4932
Call TINA K.	818-546-1601
DECEMBER 14	HOLIDAY BASH
Call TINA K.	818-564-1601
Call MIKKI I.	818-577-8974

(WE NEED help for this EVENT)

NEW PAMPHLET ON DETOXING

For quite some time now, District 6 (LA North) has had a one page essay on detoxing. We'd now like to expand that into a pamphlet. Please send us a one paragraph description of what it was like for you to detox. Did you have no physical symptoms at all, or were you a basket case? We'd like to include the whole range of experiences so our newcomers won't be surprised at any of the symptoms they could possibly experience. (Or not!)

Please send your stories to:

Carol M.
7653 Lindley Ave.
Reseda, CA 91335

Editors Note: We need your articles!! Tell us your story. Whether newcomer or oldtimer, share your courage, strength and hope. Also, we would like to thank Al E. for his assistance in proof reading the previous newsletters.



Southern California
Marijuana Anonymous
 Schedule of Meetings
 Updated 9-4-91



SUNDAY

- 10:00 AM El Segundo
 "Sunday Morning Joint Effort"
 550 N. Continental Blvd., Suite 130
 (W. of Aviation, N. of El Segundo)
- 4:30 PM West Hollywood *(33/F4)
 1296 N. Fairfax (corner of Fountain)
 (United Methodist Church)
- 5:30 PM Glendale - Discussion *(25/C4)
 225-D N. Maryland Ave.
 (Positive Directions Activity Center)
- 7:45 PM West Hollywood - Men's Stag *(33/D5)
 8939-1/2 Santa Monica Blvd., Upstairs
 (W. Hollywood Drug & Alcohol Center)
- 8:00 PM Newport Beach - Disc. *(33/C4, O.C.) H/A
 301 Newport Blvd.
 (Hoag Hospital Chemical Dependency Unit)

MONDAY

- 7:30 PM Orange - Participation *(17/B4, O.C.) H/A
 1100 W. Stewart
 (Sister Elizabeth Recovery Center)
- 8:00 PM North Hollywood - Participatn. *(16/A5) H/A
 6455 Coldwater Canyon Blvd.
 (Life Plus Institute)
- 8:30 PM W. Hillywd "Rastaman Vibrations" *(33/D5)
 8939-1/2 Santa Monica Blvd., Upstairs
 (W. Hollywood Drug & Alcohol Center)

TUESDAY

- 7:30 PM Orange - Women's Stag *(17/E2)
 (At the end of Oakmont Ave,
 behind school grounds)
- 8:00 PM Mar Vista - Participation *(49/F2) H/A
 3590 Grandview Blvd.
 (2 blk N. Venice - 1 blk E. Centinela)
 (St. Bede's Episcopal Church)

8:00 PM Costa Mesa - Topic *(31/D1)
 350 W. Bay St.
 (Starting Point)

8:00 PM West Hills - Participation
 7475 Fallbrook (and Saticoy)
 (West Valley Baptist Church)

WEDNESDAY

7:00 PM Lancaster Step Study/Participation
 44743 Yuca Avenue

7:00 PM Pasadena *(27/F4)
 2900 East Del Mar Blvd.
 (Las Encinas Hospital)

7:30 PM Culver City - Beginner's Meeting
 3853 Dunn Dr.
 (1 blk E. of Clarington - N. of Washington
 (Cornerstone House)

8:00 PM Costa Mesa - Big Bk Stdy *(31/C1, O.C.) H/A
 661 Hamilton, Room 640
 (REA Community Center)

8:00 PM North Hollywood - Discassion
 6323 Woodman Ave.
 (Crossroads Hospital)

8:00 PM Van Nuys - Book & Step Study
 15220 Vanowen Blvd.
 (Van Nuys Hospital, Room C)

8:15 PM Los Angeles Gay & Lesbian *(34/B4)
 1213 N. Highland Ave
 (at Santa Monica)
 Gay & Lesbian Comm. Services Center

THURSDAY

8:00 PM Mar Vista *(49/F2) H/A
 3590 Grandview Blvd.
 (2 blk N. Venice - 1 blk E. Centinela)
 (St. Bede's Episcopal Church)

8:00 PM Lake Forest - Step Study
 23228 Madero, Conference Room
 Mission Viejo Charter Hospital

FRIDAY

6:30 PM Pasadena *(27/B3) H/A
 131 N. El Molino, #320
 (Pasadena Cnd on Alcoholism/Drug Dep.)

7:30 PM Orange - Step Study *(17/B4, O.C.) H/A
 777 S. Main Street, Room 104
 (Mariposa Women's Center)

7:30 PM Costa Mesa
 150 Paulerino Avenue, Suite 165

8:00 PM Northridge - Participation *(14/C1) H/A
 18420 Roscoe (at Reseda Blvd)
 (Pavilion Plaza)

8:30 PM West Hollywood *(33/D5)
 "Resin Resisters" - Step Study
 8939-1/2 Santa Monica Blvd. Upstairs
 (W. Hollywood Drug & Alcohol Center)

SATURDAY

10:00 AM Los Angeles *(34/B4) All Welcome
 1213 N. Highland Ave
 (at Santa Monica)
 Gay & Lesbian Comm. Services Center

12:00 Noon Woodland Hills Speaker Meeting
 6201 Winnetka Avenue
 (Pierce College Campus Center)

6:00 PM San Diego
 9184 Gramercy Dr. (Von's Shopping Center)
 (Serenity Shop - Back Room)

LEGEND

* - Thomas Guide Coordinates
 H/A - Handicapped Accessible

For Information on Meetings
 in Other Areas, Call
 1-800-766-6779

MARIJUANA ANONYMOUS
 P.O. BOX 2912
 VAN NUYS, CA 91404

(818)-566-3678
 (213)-964-2370
 (714)-491-6053