



A PUBLICATION OF MARIJUANA ANONYMOUS

**Michael** 

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**Alert!** The 2002 Convention in Seattle is coming! For information on the upcoming event, please, visit the Convention website at www.seattlema.org!

# M.A. in London

'm Michael and I'm a marijuana addict. I have been clean for Lover 6 years and 8 months this time around, through attending another (non-chemical specific) fellowship, which I first started attending in 1991 and for the last three years, thankfully also through MA. Coming to MA was like a coming home for me. Personal use and possession of marijuana was effectively decriminalized in a part of London not far away from me last July. When this experiment (to be extended to the rest of the country next April) was announced in the press, thanks to my recovery, I only spent about a week thinking occasionally about using again as an option, and sharing about it. A lot of my abstinence from marijuana between 1970 and 1988 was for professional reasons - risking disbarment if I was caught using. My dream for years was to be able to use without these risks or to earn enough money to retire and spend the rest of my life stoned.

On the Monday after my (now second ex) wife moved in with me in 1989 she said she could not live with me while my staff were smoking dope (marijuana) or "spliff" as it is quaintly referred to here. I saw nothing abnormal about it being smoked in my law office after hours, but asked them to stop (because of her being tempted to use) and stopped myself for two years.

In April 1991 I went with her to attend a convention of another fellowship. After hearing two speakers from America realized I was an addict, much to her embarrassment. She told me not to pick up a book on the stage - she didn't want everyone to know she was about to drop a baby with a newcomer. But I started to attend meetings anyway shortly afterwards. I have spent 9 out of the last 10 years clean but did not stay clean relapsing three times.

I grew up in New York City and only encountered dope once as a teenager. One weird friend turned me on when I was 18 but my parents found out and forbade me from seeing him. I didn't encounter it again until I went to a summer session at UCLA in 1966. I was cured of whatever drinking problems I had..."why drink and drive when you can fly?", as I saw on a T shirt recently but alcohol really never did it for me anyway. I did acid for my 21st birthday in January 1967.

Within ten weeks of graduating two months later, I was in a private mental hospital attached to Harvard medical school, eventually leaving against medical advice after 18 months. The first hospital wanted to give me ECT. This one was very psychoanalytically oriented and I rambled for hours to psychoanalysts. They didn't even mind my smoking dope; marijuana was not considered addictive then. I finished my degree, married an English woman, "settled down" and studied law here. I also intuitively realized that I could not study or practice law stoned. I found a "safe connection" in my secretary about

a year before I met my second wife. My career kept my using "moderate".

Although I tried to work a program in the other fellowship in 1991, I could find no one who could sufficiently identify with my "functional" marijuana use to sponsor me. I had a profession and was earning more money than most people dream of. All my relapses were with alcohol initially, but quickly led back to dope. When we split up in March

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The purpose of A New Leaf is to carry the message of recovery from marijuana addiction. It is through the written experiences of recovering addicts and their stories that we may find experience, strength and hope.

Articles submitted should reflect recovery, unity, and service. The articles contained in A New Leaf are the sole opinions of the authors and do not necessarily reflect the opinions of Marijuana Anonymous as a whole.

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Send all articles, inquiries and correspondence to: ANLP@marijuana-anonymous.org or A New Leaf P.O. Box4313 North Hollywood, CA 91617

# M.A. in London

1995 I was still using and did the opposite. I came back IN to recovery rather than going OUT.

Coming up to a year clean my unmanageability caught up with me and I was suspended from practice as a lawyer. Coming up to two years clean I was diagnosed with Nonfocusing Attention Deficit Disorder (and read that marijuana is the worst drug to use with ADD because it makes you think you are more focused when you are actually wasted), was made bankrupt, divorced, was made homeless and lived in a single room for a year having my children (then 4 and 6) every weekend. MA first came to London in November 1998. There were a few of us who identified as mainly marijuana addicts in the other fellowship, but we didn't really associate with each other much. About three of us still attending MA now had then been around the other fellowship for some time. Others were relatively new. A year before I met someone in a coffee shop after a meeting. We had been chatting for a few minutes before I realized she hadn't been to the meeting, but like me she had attended the other fellowship around childhood issues. She had met Timothy Leary in California. I suggested she might need to look at her dope smoking and gave her a meeting list. About a year later she started attending the other fellowship. She was one of the newer original members of MA. Another was someone struggling to get clean in July 1998 with his dope dealer living next door. Like me he was functional while using and travels to LA frequently. I'm not sure who first got the information about MA but word got around to us marijuana addicts in the other fellowship that a meeting was going to be held in Chelsea, the adjoining district to where the MA meeting is now in

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Nottinghill Gate. It quickly moved to its present venue at the Tabernacle and a second meeting was started. There have never been more than about 15 members. Initially there was a certain novelty value to MA; most of the initial members had experience in other fellowships and other drugs of choice. Of those of us who have stuck around after three years, all of us had marijuana as their "primary" drug of choice. There are usually more newcomers coming in now than those with time in other fellowships and it is a joy to watch those who stay get clean, get the MA program and pass it on. I have only recently checked out the MA website. Although I have had an email address for the past year, I have only recently gotten a computer with sufficient capacity to use the Internet (and unlimited access for a flat rate) and checked out the MA website. Before that I had to pay an hourly rate at internet cafes and only used it sparingly, rather than "surfing". Life With Hope was very expensive to ship over here and usually not in stock at the meetings for sale to newcomers. (this problem has now been solved)

I had assumed there were a large number of meetings on the West coast, where dope smoking was more endemic in LA in 1966 than it is here now. I had assumed that we were doing something "wrong" in having so few members and only the same number of meetings now after three years as we had after a few weeks. I was surprised to find only a relatively small number of meetings there also and how much shorter the stories on the website were than those in the text of my other fel-

# M.A. in London continued

lowship. I still haven't gotten to any online MA meetings. I have my children on Sundays and pick them up at school in the afternoon until my ex finishes work so I miss the Tuesday meeting; the others are in the middle of the night when I am asleep. But since coming online I have been in correspondence with other MA members in other countries by email who have encountered the same problems as I have in identifying in my other fellowship. I have now recently typed out the MA Step One numbered a sentence at a time and have read it with newcomers and emailed it all over the world. With my ADD, I need to read like this to really take in "internally". I think that if we don't all have true ADD, hich is genetic and must manifest by age 7, we all have dope induced ADD like symptoms of short attention span which take many years to dissipate. Perhaps this is why the MA stories are so short: we don't take that much in! Focusing on the individual numbered sentences of Step One in MA reading with other members has helped me understand how very special the MA Step One is for us. I am now working on typing out the other steps from LWH so I can become as familiar with the MA literature as I am with that of the *concluded on last page* 

FOR THE MEMBERSHIP:

Information pertains to service work to serve the facilitation of the fellowship The following is an excerpt from MAWS ~ Marijuana Anonymous World Service Trustee Meeting Minutes Monday May 28, 2001

TRUSTEE JOB ASSIGNMENTS

Dana: Treasurer Lisa: Secretary/800 Line David: Literature Alan: Policies & Procedures Ron: H&I / PI Bean: Webmaster Brandon: President Eric R.: Online Services Erik J.: New Meeting Outreach Michael V.: Listserve Administrator Erik J.: 800 Line Coordinator (Ed.note; this is new info; changed) Previous P&P: James S. Previous HIPI: Ilene M. Previous 800: Lisa T. Previous Online: John Mc C. Previous NMO: Alan B. and Maria S.

Dates of this year's Trustee meetings: Aug 25 at 10am Pacific time Dec 1 at 10am Pacific time Sunday Feb 17 at 3pm (at Convention)

Ed. note: PLEASE CONTACT YOUR DISTRICT DELEGATE FOR ADDITIONAL INFORMATION OUR MANY THANKS TO THOSE THAT SERVE MAWS

## NEW ANLP PRICING MATRIX

The long-awaited Second Edition of Life With Hope is now available, including the new "Our Stories" section! Order from ANLP:

Life With Hope ..... \$8.00 per book Service Manual ...... \$10.00 **Life With Hope Shipping .....**\$4.00 first book, \$1.00 each add'l book **Service Manual Shipping .....**\$4.00 ea.

A New Leaf

Single annual paper format subscriptions and PDF email delivery remain \$12.00						
5 copies/mo\$35.00/year	10 copies/mo \$65.00/year					
25 copies/mo\$12.50/mo	50 copies/mo \$20.00/mo					
75 copies/mo\$25.00/mo	100 copies/mo \$32.00/mo					
125 copies/mo\$35.00/mo	150 copies/mo \$40.00/mo					
200 copies/mo \$50.00/mo						

## M.A. in London

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other fellowship to make the message I pass on as close to the MA Program as it can be, rather than my idea of the program.

I now have somewhere else to send or take other marijuana addicts, whether I meet them in meetings of the other fellowship or in the outside world. Most of my using former staff members are still using. All are earning much more than I receive from my grant and generous UK social security benefits. Some are earning vastly more but struggling and unable to ask for help. I call them from time to time offering to take them to a meeting, but they are too "busy" earning money, as I was in the first six years. I now have something more to offer them beyond my knowledge of the other fellowship: the MA Program. "True spiritual principles are never in conflict; they compliment each other."

MA WORLDWIDE

For Land and Online Meeting Schedules Go To: http://www.marijuana-anonymous.org

email: office@marijuana-anonymous.org

MA World Service Office PO Box 2912 Van Nuys, CA 91404

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New Zealand MA Service Centre PO Box 74-386 Market Road, Auckland 3 New Zealand 649.846.6822

\* Congratulations to Our Members \* Celebrating their Sober Birthdays!

District 2			District 6			District 7 (cont'd)		
John L.	12/15/89	12 Years	Gerald F.	11/12/90	11 Years	Beljit	12/19/98	3 Years
Allen	12/31/91	10 Years	Terri R.	11/18/90	11 Years	Steve S.	12/3/99	2 Years
Becky D.	12/22/92	9 Years	Greg S.	11/20/94	7 Years	Manny	12/6/99	2 Years
Matt C.	12/21/94	7 Years	Michael P.	11/9/94	7 Years	Audrey	12/17/99	2 Years
Jay C.	12/23/94	7 Years	Bill B.	11/9/96	5 Years	David L.	12/21/99	2 Years
			Robin T.	11/16/97	4 Years	Mark	12/31/99	2 Years
District 3	10 (00 (00	10.1/	Kris P.	11/22/98	3 Years	<b>D</b> <sup>1</sup> / <sup>1</sup> / <sup>0</sup>		
Pat Mc.	12/29/89	12 Years	Michelle E.	11/30/98`	3 Years	District 8		
Dave N.	12/28/93	8 Years	John G.	12/25/91	10 Years	Carol P.	11/13/90	11 Years
Mike H.	12/9/96	5 Years	Mike H.	12/7/92	9 Years	John M.	12/14/94	7 Years
Annette G.	12/28/97	4 Years	Stanton O.	12/2/97	4 Years	District 10		
D' / ' / /			William G.	12/24/97	4 Years		0 /00 /05	
District 4			Richard H.	12/6/98	3 Years	Bobby H.	9/29/95	6 Years
Mike S.	11/11/2000	1 Year!				Jorge	9/18/99	2 Years
Erika S.	11/22/00	1 Year!	District 7			Max	10/4/00	1 Year!
Cheyney	12/24/00	1 Year!	John S.	11/18/92	9 Years	Richard G.	10/6/00	1 Year!
<b>D1</b> ( <b>1</b> ( <b>1</b>			Steve S.	11/25/99	2 Years	Idaho		
District 5			Avi	12/8/90	11 Years	Mandy D.	12/??/97	4 Years
Gary R.	12/20/90	11 Years	Renelde	12/31/92	9 Years	5	, , , , , ,	
Lisa S.	12/7/93	8 Years	Josh	12/23/93	8 Years	Tennessee		
Mike U.	12/11/99	2 Years	Jeff M.	12/6/96	5 Years	Regis M.	11/2/00	1 Year!
Tim L.	12/27/99	2 Years	Mike V.	12/13/96	5 Years	Ben E.	11/20/00	1 Year!

## Celebrating 277 Years of Sobriety in This Issue!